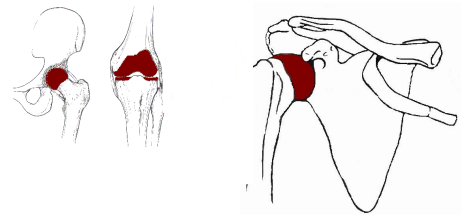


DR SA PEACH

MBChB (PRET) M MED ORT (PRET) GKS (SA) ORT
PR 2807122



ORTOPEDIESE CHIRURG / ORTHOPAEDIC SURGEON

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MEDICAL VILLAGE
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LES MARAIS 0084

LIFE FAERIE GLEN HOSPITAL
CNR. ATTERBURY & OBERON AVENUE
FAERIE GLEN
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PO BOX 59000
Karenpark
0118

TEL: (012) 335 9514 / 21/36 (Eugene Marais)
FAX: (012) 335 1856 / 9591 (Eugene Marais)
TEL: (012) 348 4601 (Faerie Glen)
Email: andrepeach@lantic.net

PATIENT DISCHARGE FORM – HIP REPLACEMENT

PATIENT: _____

Treatment Plan Post Operative:

- * Do not use any antibiotics unless prescribed by Dr. Peach.
- * Partially weight bearing with crutches – 6 weeks.

Post-operative – Physiotherapy for ± 12 weeks. Phone **Linda Peach Physiotherapists** to book an appointment 1 week after discharge. When consulting another physiotherapist, the above-mentioned physiotherapists can be contacted for the treatment protocol.

Wounds: Removal of stitches after 2 -3 weeks. Any wound discharge after that notify rooms immediately.

NB: Remember to use DVT prophylaxis (pills/injections) for 4 weeks.

Date discharged: _____ **Physician satisfied:** Yes No Did not see physician

Step Down Yes No

PROGNOSIS:

- i Hip can become stiff – physiotherapy & home exercising is VERY important. (See patient notes)
- ii Prosthesis might loosen, wear out or dislocate.
- iii Small incidence of injury to nerves of thigh or lower leg muscles.
- iv There might be a small leg length discrepancy. Hip stability is more important than leg length.
- v If ceramic articulation is used a small incidence of fracture is possible.
- vi Expected survival of prosthesis is at least 85%. 15 Year survival if no complications.

FOLLOW UP APPOINTMENT: PLEASE PHONE IN TIME (012) 335 9514, TO MAKE AN APPOINTMENT

2 WEEKS 3 WEEKS 4 WEEKS 6 WEEKS

PRESCRIBED MEDICATION

MEDICATION	DOSAGE	FREQUENCY	QUANTITY

NB ! ! IF you run out of MEDICATION, PLEASE CALL THE Rooms IN WORKING HOURS FOR A REPEAT PRESCRIPTION

NOTE: _____

DR. SA PEACH

PATIENT

DATE